

St Andrew's Medical Practice

Vaccine Clinic – Patient Information

St Andrew's Medical Practice are pleased to be reintroducing a travel vaccine service for our patients.

You will be required to complete a brief questionnaire prior to an appointment, this may be via an interactive text message, or you can speak to a member of our admin team.

For non-NHS vaccines a non-refundable deposit of £20 will be taken after confirmation with the nurse, the rest of the invoice will be payable on the day of your vaccinations. Other services are available such as malaria prophylaxis and delaying of periods, this is also a non-NHS service with private prescription charges payable via the dispensary.

Travel Vaccinations

If you're planning to travel outside the UK, you may need to be vaccinated against some of the serious diseases found in other parts of the world.

Vaccinations are available to protect you against infections such as [yellow fever](#), [typhoid](#) and [hepatitis A](#).

In the UK, the [NHS routine immunisation \(vaccination\) schedule](#) protects you against a number of diseases, but does not cover all of the infectious diseases found overseas.

When should I start thinking about the vaccines I need?

If possible, book your travel appointment at St Andrew's at least 8 weeks before you're due to travel, the minimum is two weeks before travel and at the discretion of the practice nurse.

- Some vaccines need to be given well in advance to allow your body to develop immunity.
- Some vaccines involve several doses spread over several weeks or months.

You may be more at risk of some diseases, for example, if you're:

- travelling in rural areas
 - backpacking
 - staying in hostels or camping
 - on a long trip rather than a package holiday
 - If you have a pre-existing health problem, this may make you more at risk of infection or complications from a travel-related illness.
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Which travel vaccines do I need?

You can find out which vaccinations are necessary or recommended for the areas you'll be visiting on these websites:

[Travel Health Pro](#)

[NHS Fit for Travel](#)

Some countries require proof of vaccination (for example, for polio or yellow fever vaccination), which must be documented on an International Certificate of Vaccination or Prophylaxis (ICVP) before you enter or when you leave a country.

Saudi Arabia requires proof of vaccination against certain types of [meningitis](#) for visitors arriving for the Hajj and Umrah pilgrimages.

Even if an ICVP is not required, it's still a good idea to take a record of the vaccinations you have had with you.

[Find out more about the vaccines available for travellers abroad](#)

Where do I get my travel vaccines?

First, contact the surgery to find out whether your existing UK vaccinations are up to date. If you have any records of your vaccinations, let the nurse know what you have had previously.

The Practice Nurse may be able to give you general advice about travel vaccinations and travel health, such as protecting yourself from malaria. They can give you any missing doses of your UK vaccines if you need them.

Not all travel vaccinations are available free on the NHS, even if they're recommended for travel to a certain area.

St Andrew's Medical Practice provide NHS travel vaccines, these can be provided to you free of charge. Other non-NHS travel vaccines are charged for.

Which travel vaccines are free?

The following travel vaccines are available free on the NHS as we are currently signed up to provide vaccination (immunisation) services.

- polio (given as a [combined diphtheria/tetanus/polio jab](#))
- [typhoid](#)
- [hepatitis A](#)
- [cholera](#)

These vaccines are free because they protect against diseases thought to represent the greatest risk to public health if they were brought into the country.

Which travel vaccines will I have to pay for?

You'll have to pay for travel vaccinations against:

- [hepatitis B](#)
- [Japanese encephalitis](#)
- [meningitis vaccines](#)
- [rabies](#)
- [tick-borne encephalitis](#)
- [tuberculosis \(TB\)](#)
- [yellow fever](#)

Yellow fever vaccines are only available from designated centres in your locality, we currently do not offer this service at St Andrew's Medical practice but may do in the future

The cost of travel vaccines that are not available on the NHS will vary, depending on the vaccine and number of doses you need, and may also vary depending on market values of vaccine, you can be provided with up-to-date costings from the nurse in advance of your appointment.

It's worth considering this when budgeting for your trip.

Other things to consider

There are other things to consider when planning your travel vaccinations, including:

- your age and health – you may be more vulnerable to infection than others; some vaccines cannot be given to people with certain medical conditions.
- working as an aid worker – you may encounter more diseases in a refugee camp or helping after a natural disaster.
- working in a medical setting – a doctor, nurse or another healthcare worker may require additional vaccinations.
- contact with animals – you may be more at risk of getting diseases spread by animals, such as rabies.
- If you're only travelling to countries in northern and central Europe, North America, or Australia, you're unlikely to need any vaccinations.
- But it's important to check that you're up to date with routine vaccinations available on the NHS.

Pregnancy and breastfeeding

Speak to a Practice Nurse before having any vaccinations if:

- you're pregnant
- you think you might be pregnant
- you're breastfeeding

In many cases, it's unlikely a vaccine given while you're pregnant or breastfeeding will cause problems for the baby.

But the Practice Nurse will be able to give you further advice about this.

People with immune deficiencies

For some people travelling overseas, vaccination against certain diseases may not be advised.

This may be the case if:

- you have a condition that affects your body's immune system, such as [HIV or AIDS](#)
- you're receiving treatment that affects your immune system, such as [chemotherapy](#)
- you have recently had a bone marrow or organ transplant.
- A practice nurse can give you further advice about this.

Non-travel vaccines

As well as getting any travel vaccinations you need, it's also a good opportunity to make sure your other UK vaccinations are up-to-date and have booster vaccines if necessary.

If you have any records of your vaccinations, let the Practice Nurse know what you have had previously.

People in certain risk groups may be offered extra vaccines.

These include vaccinations against diseases such as:

[hepatitis B](#)

[tuberculosis \(TB\)](#)

[flu](#)

[chickenpox](#)

Read more information on [NHS vaccines](#) for adults and children to find out whether you should have any.

Excess quantities of regular repeat prescriptions

Under NHS legislation, the NHS ceases to have responsibility for people when they leave the United Kingdom. However, to ensure good patient care the following guidance is offered. People travelling within Europe should be advised to carry a European Health Insurance Card, known as an E111.

Medication required for a pre-existing condition should be provided in sufficient quantity to cover the journey and to allow the patient to obtain medical attention abroad. If the patient is returning within the timescale of their usual prescription, then this should be issued (the maximum duration of a prescription is recommended by the Care Trust to be two months, although it is recognised that prescription quantities are sometimes greater than this). Patients are entitled to carry prescribed medicines, even if originally classed as controlled drugs, for example, morphine sulphate tablets.

For longer visits abroad, the patient should be advised to register with a local doctor for continuing medication (this may need to be paid for by the patient).

General practitioners are not responsible for prescriptions of items required for conditions which may arise while travelling, for example travel sickness or diarrhoea. Patients should be advised to purchase these items from community pharmacies prior to travel.

Vaccination Price Guide - updated May 2023 (see dispensary for current price)

	Price per dose	Number of doses required	Total price
Cholera (oral, price for full course of 2)	n/a	2	£58.00
Combined Diphtheria, Tetanus and Polio	£35.00	1*	£35.00
Hepatitis A	£59.00	1**	£59.00
Hepatitis B	£50.00	3	£150.00
Hepatitis B (paediatric)	£27.00	3	£81.00
Combined Hepatitis A and Typhoid	£89.00	1**	£89.00
Combined Hepatitis A and Hepatitis B	£80.00	3 or 4†	up to £320.00
Combined Hepatitis A and Hepatitis B (paediatric)	£47.00	2 or 3†	up to £141.00
Japanese Encephalitis	£98.00	2	£196.00
Meningitis ACWY	£50.00	1	£50.00
MMR	£45.00	-	£45.00
Rabies	£62.00	3	£186.00
Tick-borne Encephalitis	£65.00	2 or 3†	£130.00
Tick-borne Encephalitis (paediatric)	£65.00	2 or 3†	£130.00
Typhoid (injection)	£35.00	1	£35.00
Typhoid (oral, price for full course of 3)	n/a	-	£35.00
Yellow Fever	£65.00	-	£65.00
Yellow Fever Certificate (Replacement)	-	-	£15.00